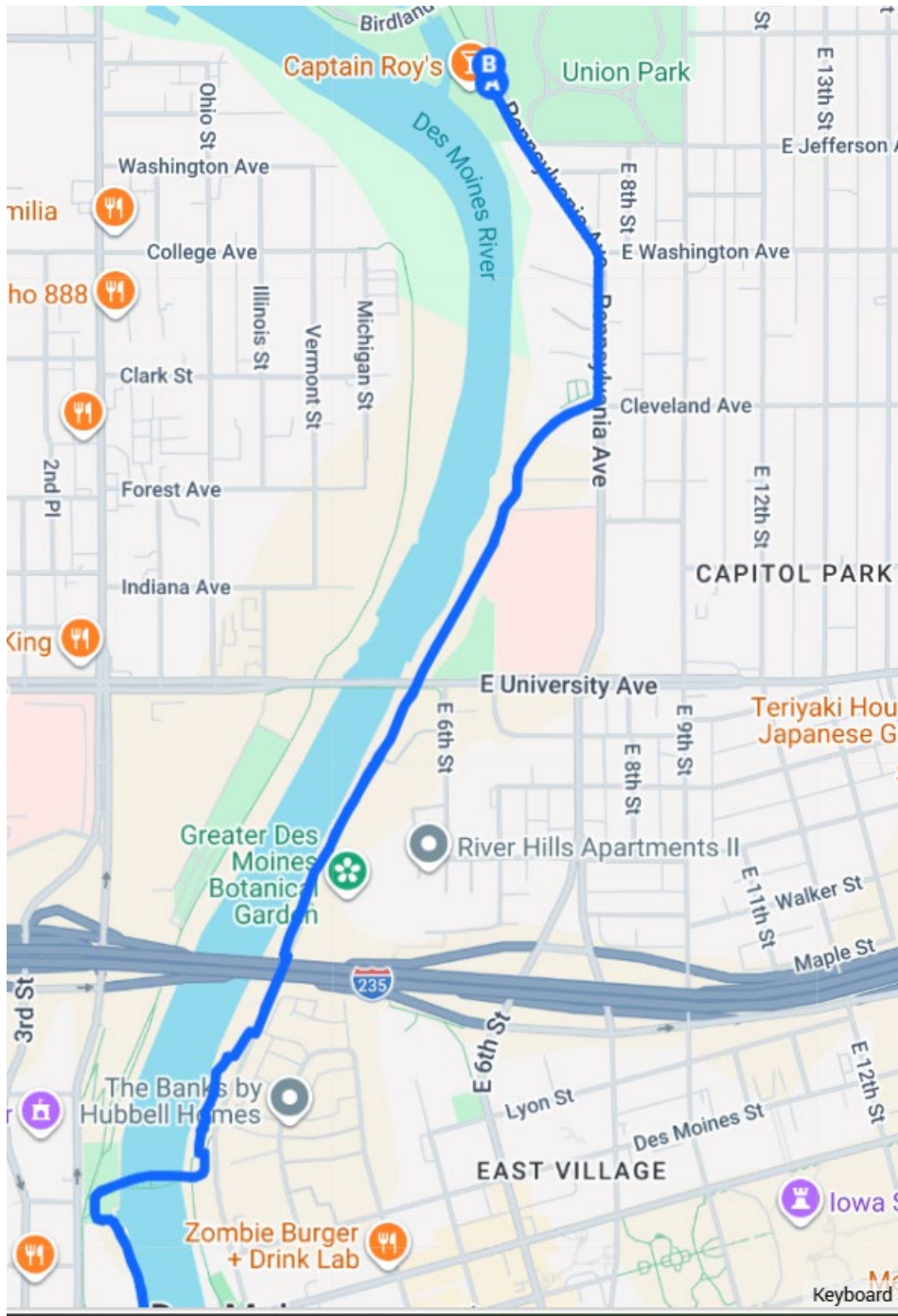


Start (and end) at Captain Roy's

Leave Captain Roy's and head south on trail along Pennsylvania Ave.

Turn right/west onto American Discovery Trail

Travel under University Ave. continuing on the John Pat Dorian Trail

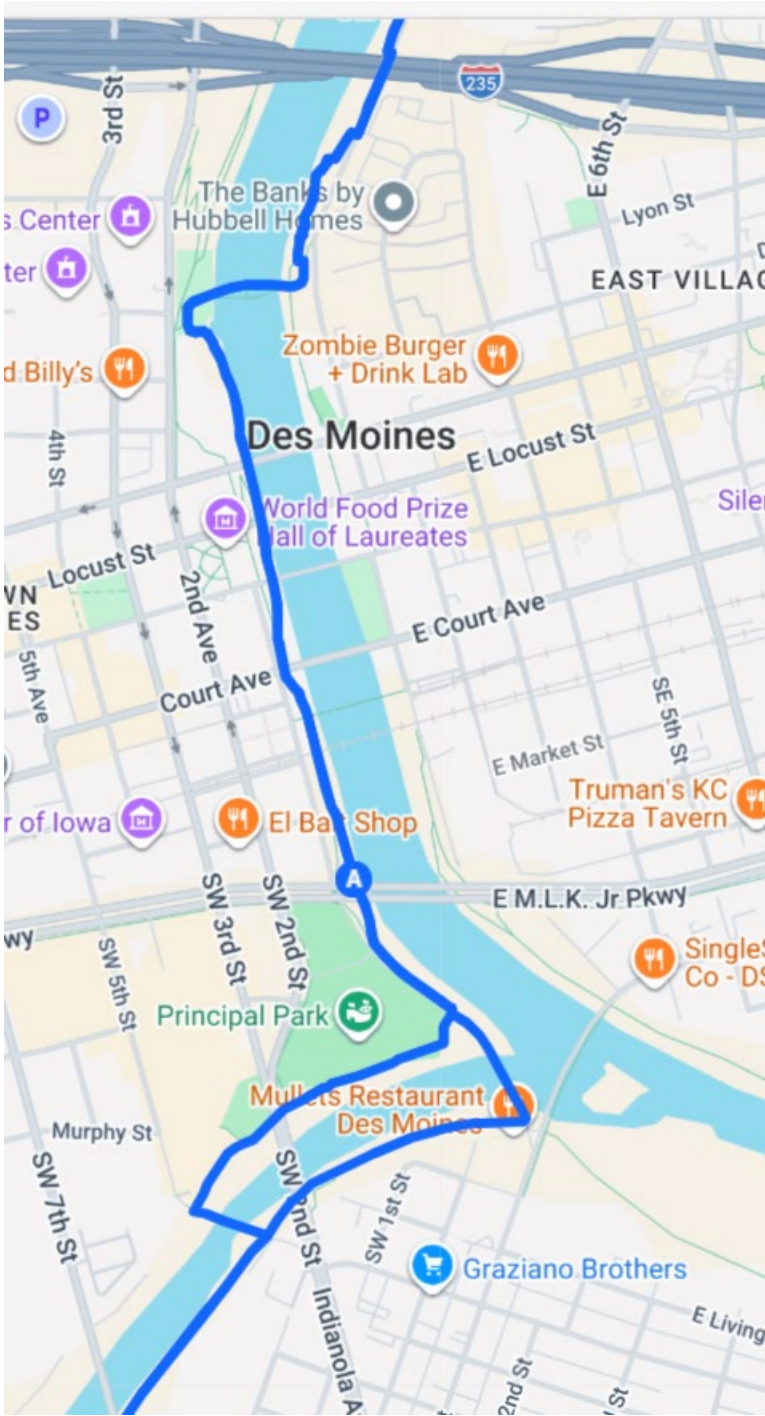


Turning right/west onto the Principal River Walk and across the IWA Bridge

Turning left/south off of the bridge, continuing on Principal River Walk

Going under Grand, Locust, and Walnut

Continuing on to the Meredith Trail, and across Court Ave. (police presence needed here)



Staying on Meredith Trail, under MLK Jr Pkwy, past Principal Park stadium on the east

Crossing the Raccoon River headed south (towards Mulletts)

Turning right/west, continuing on Meredith Trail

